










YOUTH EXCHANGE ERASMUS+

SAFE NET

Digital Safety and Data Protection in the Digital Era

Good Practices Guide

9–16 mai 2026 | Horezu,Romania

2025-1-RO01-KA151-YOU-000302169

Coordinator: Association Pro Dezvoltare DACIA (APDD)

Co-funded by the European Union

#DigitalSafeNet

Romania · Bulgaria · Türkiye · Hungary

YOUTH EXCHANGE ERASMUS+ · KA151-YOU

The project in brief

SAFE NET was an eight-day international youth exchange on digital safety and data protection, hosted in the mountain town of Horezu, Valcea County, Romania. It brought together thirty-four young people, group leaders and facilitators from four countries and was organised by the Pro Dezvoltare DACIA Association under its Erasmus+ accreditation in the youth field.

PROJECT TITLE
SSAFE NET – Digital Safety and Data Protection in the Digital Era

PROJECT NUMBER
2025-1-RO01-KA151-YOU-000302169

ACTION
KA151-YOU · Youth Exchange

ACCREDITATION
2020-1-RO01-KA150-YOU-000095921

ACTIVITY PERIOD
9–16 May 2026

TRAVEL DAYS
8 May (arrival) and 17 May (departure)

LOCATION
Hotel Horezu, Horezu, Valcea County, Romania

COORDINATOR
Pro Dezvoltare DACIA Association (APDD), Dragasani, Romania

COUNTRIES
Romania, Bulgaria, Türkiye, Hungary

GROUP
34 participants, group leaders and facilitator

PROJECT PERIOD
1 June 2025 – 31 August 2026

HASHTAG
#DigitalSafeNet





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01 Introduction

What SAFE NET was, who it was for, and how to read the pages that follow.

- An eight-day Erasmus+ youth exchange on digital safety, in Horezu, Romania.
- Thirty-four people from Romania, Bulgaria, Türkiye and Hungary.
- Tested activities that any organisation can reuse.







Introduction

This booklet brings together the story, methods and results of the SAFE NET project, an Erasmus+ youth exchange on digital safety and data protection in the digital era. It took place in Horezu, Valcea County, Romania, between 9 and 16 May 2026, and was coordinated by the Pro Dezvoltare DACIA Association under its youth-field accreditation number 2020-1-RO01-KA150-YOU-000095921.

SAFE NET started from an observation that anyone recognises. Young people are the most connected generation that has ever existed. They move between four or five platforms an hour, manage parallel apps effortlessly and have perfect mastery of technology's surface. At the same time, almost none of them had ever been taught how all of this works underneath, who profits from their attention, what happens to the data they leave behind, or what to do on the day something goes wrong.

This is not a knowledge gap that a presentation can close. It is a habit gap. People don't fall for a fraudulent message because they've never heard the word phishing. They fall for it because they were in a hurry, the message looked ordinary, and they had never practised the two seconds of checking that would have saved them. Habits aren't built through lectures. They are built through repetition and learning.

Digital safety is not a setting you turn on once. It is a habit you build every day.

The whole programme grew from this idea and put the focus on direct experience, not lectures. Young people learned to recognise fraudulent messages in a safe simulation and discovered first-hand how easily anyone can be tricked and how simple it is to check before clicking. In hands-on workshops they reviewed their own accounts, discovered privacy settings and came away with concrete data-protection habits. Through forum theatre they practised how to support someone being harassed online and found together responses that actually work. They then carried everything they had learned further, into the community, through awareness materials they created themselves. They left the project more confident, more attentive online, and ready to help others stay safe too.





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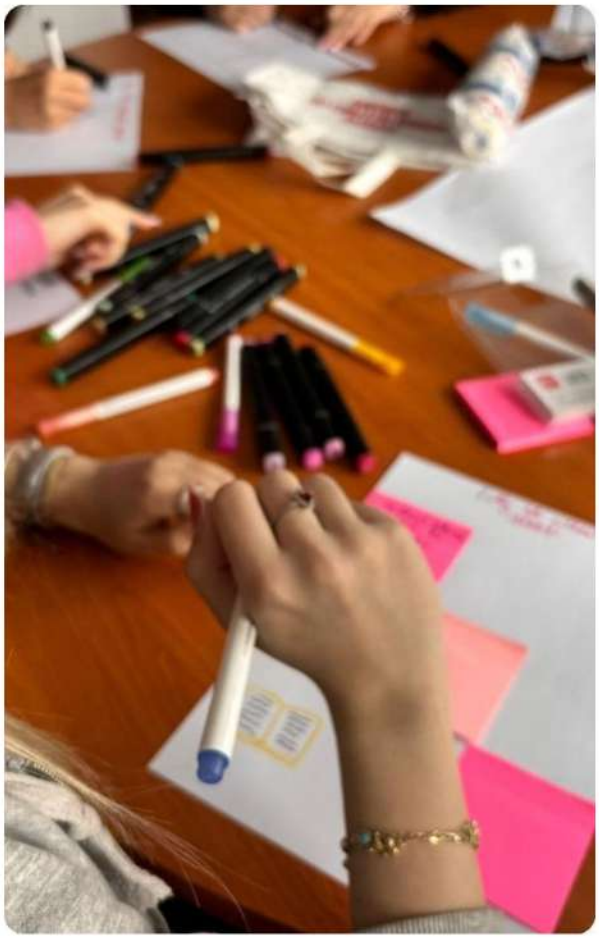
Who this guide is for

This guide is our story, the story of the young people who lived the SAFE NET project. We wrote it for youth workers, teachers, trainers, volunteers and for every young person who wants to find out how we learned together to be safe online.
In its pages we have gathered the days spent in Horezu, the activities we went through, the moments that changed the way we use the internet, and the friendships formed across four countries. Every page keeps something of the energy, curiosity and joy with which we discovered the digital world together.

How to read it

Sections 01–04 present the project, its objectives, and how we learned: through direct experience, in international teams, with great involvement and openness.
Section 05 is the heart of the guide and covers the activities we went through, day by day, and everything we discovered in each one.
Sections 06–12 show the best practices from the project, what changed for us, what we created together, the lessons we took home, and how we carried the SAFE NET message forward.
Section 13 presents our voices, each person's own words on what this experience meant.

> *"I came to Horezu curious to find out how I could be more careful online. I left with new habits, more confidence in myself, and friends from four countries."*
>
> **A PARTICIPANT** Final evaluation, 16 May 2026





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An experience built together

SAFE NET was a week in which every day brought us something new. We learned from one another, supported each other when something felt hard, and discovered that the most valuable lessons appear when you work alongside people from other cultures. Every activity was a step toward more confidence, more care online, and more openness toward others.

In the pages of this guide we have kept everything that made our experience special: the curiosity with which we asked questions, the enthusiasm with which we created new materials, and the joy of discovering that, together, we can make the internet a safer place.

Communication in this project

During the exchange we worked in English. This brought us even closer together: we were patient with one another, we helped each other with translations, and we discovered that we could understand each other very well beyond words. That is why the texts in this guide are also written simply and clearly, with technical terms explained right where they appear.

Four countries. Eight days. One single team. An experience we carry forward into our communities.





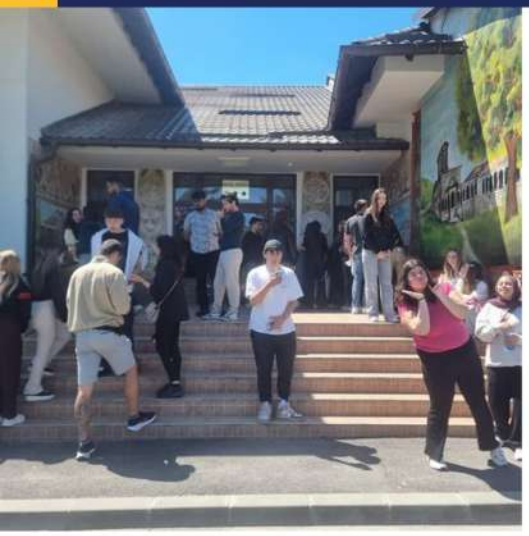


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The Group

Horezu, 9–16 May 2026














02 About the project

The story behind SAFE NET: where it started, who made it possible, who we were, and the place that welcomed us.

- Four partner organisations from Romania, Bulgaria, Türkiye and Hungary, united by the same wish to help young people stay safe online.
- 29 young people aged 18 to 24 and 4 group leaders, together with the facilitation team.
- Hosted at Hotel Horezu, in the town of traditional pottery listed as UNESCO heritage, at the foot of the mountains.







About the project

SAFE NET – Digital Safety and Data Protection in the Digital Era is an Erasmus+ youth exchange coordinated by the Pro Dezvoltare DACIA Association (APDD) and co-funded by the European Union through Erasmus+ accreditation in the youth field. The project number is 2025-1-RO01-KA151-YOU-000302169, and the implementation period runs from 1 June 2025 to 31 August 2026. The mobility took place in Horezu, between 9 and 16 May 2026, with 8 May as the arrival day and 17 May as the departure day: eight days full of activities, discoveries and new friendships.

Why SAFE NET

We spend whole hours online every day: we learn, communicate, get informed and have fun on the internet. That is exactly why we felt we needed to understand the digital world we live in better: how to protect our accounts and personal data, how to recognise false information and deceptive messages, and how to support those around us when they need it.

SAFE NET gave us the space to discover all of this together, with young people from four countries, through hands-on activities, open discussions and plenty of creativity. We learned not only to be more careful online, but also to pass on what we found out to our friends, families and communities.

The road to Horezu

The project started long before the mobility. Participant selection took place between January and March 2026, and between 25 March and 8 May we prepared for the meeting. Each national group created a presentation of its country, with traditions, customs and special places, and prepared an inclusion activity which it then facilitated for the whole group. This is how we arrived in Horezu not only as participants, but as people who had something to offer the others.





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03 Project objectives

The three objectives that guided SAFE NET and the competences we developed throughout the project.

- Stronger partner organisations, offering young people quality activities.
- More confident young people, better prepared for the digital world.
- Knowledge passed on further







Project objectives

Overall aim

SAFE NET set out to give young people from Romania, Bulgaria, Türkiye and Hungary the space to discover together how to be safe in the digital environment and how to protect their personal data, through non-formal activities of awareness, involvement and responsibility.

The project aimed for every participant to leave Horezu more confident, more mindful of what they do online, and ready to pass on what they had learned.

Objectives

01 · Stronger organisations for young people

Increasing the quality of youth activities by strengthening the operational capacity of at least 3 partner organisations, one of them new, through participation in all project activities until 31 August 2026.

02 · Young people ready for the digital era

Supporting the personal and professional development of at least 26 young people, at least 30% of them with fewer opportunities, from a maximum of 5 organisations, through non-formal and informal activities of awareness, involvement, connection and responsibility, within a youth exchange on the theme of digitalisation, until 31 August 2026.

03 · Learning passed on

Acquiring new competences and developing existing ones for at least 75 young people from the community, through at least 5 practical actions facilitated by the project participants (workshops, awareness campaigns, information sessions, exhibitions), until 31 August 2026.





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Youthpass and competences

LAt the end of the project, each of us received the Youthpass certificate, the European tool that recognises non-formal and informal learning. Throughout the week we reflected on what we were learning and described, in our own words, the competences we developed. This way, the certificate is not just a diploma, but a story of our progress.

Digital competence. We learned to protect our accounts and personal data, to configure our privacy settings, and to check the sources of the information we find online.
Multilingual competence. We worked, discussed and presented in English alongside young people from four countries, and discovered that we can understand each other very well, even though English is not our native language.
Personal, social and learning-to-learn competence. Through reflection at the end of each day and through working in international teams, we learned to listen, to give and receive feedback, and to be aware of our own learning.
Civic competence. We discovered what rights we have online and understood that data protection matters for each of us and for the whole community.
Entrepreneurship competence. We created awareness materials together, from idea to final product, and prepared actions to carry the SAFE NET message further.
Cultural awareness and expression. Through the intercultural evenings and discovering the traditions of Horezu, we got to know new cultures and proudly presented our own country.

> *"Youthpass helped me see how much I had learned in a single week. I went home aware of my competences and with the wish to keep going."*
>
> **A PARTICIPANT**





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Working sessions

Mixed teams, four countries, eight days









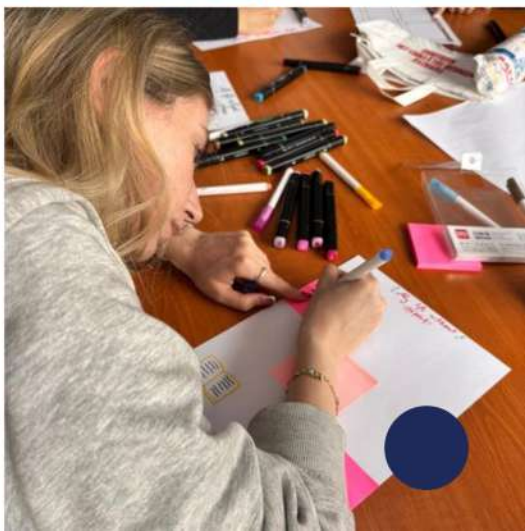














04 Methodology

How we learned at SAFE NET: through non-formal education, in international teams, with time for reflection every day.

- Learning through direct experience and discovery as a team.
- Six hours of activities a day with a break every 90 minutes.
- Mixed teams with young people from four countries and reflection at the end of each day.







Methodology

SAFE NET was based entirely on non-formal education. Every day started with an experience, and from it grew the questions, discussions and answers we arrived at together. We learned by doing, by trying, and by discovering alongside young people from four countries.

Learning by doing

We weren't just listeners, we were active participants. We worked on real examples, practised on our own devices, and discovered for ourselves what it means to be safe online.

The facilitator who guided us

The facilitator didn't give us ready-made answers. He asked us questions, encouraged us to think, and let us reach our own conclusions, which helped us remember them better.

International teams

We worked in mixed teams, with young people from different countries. We discovered how differently we each see the same topic, and how much we can learn from one another.

Reflection every day

At the end of each day we stopped to think about what we had experienced and learned. These moments helped us become aware of our progress and prepare for the next day.

Inclusion in practice

SAFE NET brought together young people with different experiences, including young people from rural areas, from geographically isolated areas, or facing economic obstacles. Each national group prepared and facilitated an inclusion activity for the whole group, and working in small teams made sure every voice was heard. We helped each other with English, explained things to one another, and discovered that our diversity was the group's greatest strength.



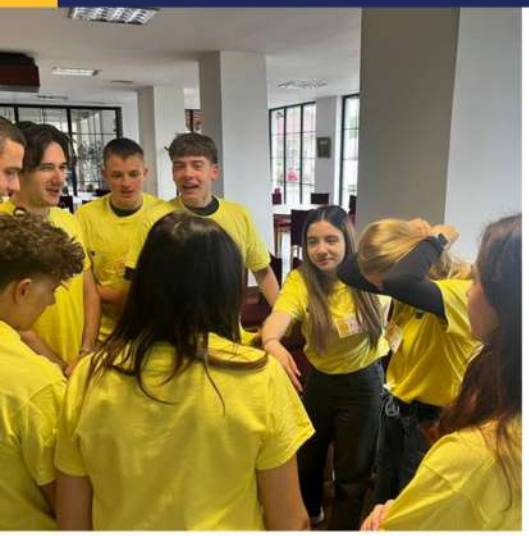


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Energisers and team building

Nine o'clock, every morning














05 Main activities

The activities through which we discovered digital safety day by day, and everything we learned from each one.

- Hands-on activities about secure accounts and personal data protection.
- Working in international teams with young people from four countries.
- Creative moments in which we carried the SAFE NET message further.







ACTIVITY 01 · AWARENESS

The Digital Footprint Traile

What did we do? We started from a simple question: how easily can someone find us online? Before anything else, we set the most important rule of the activity: we only search public sources, and only about teammates who had given their consent.

We split into mixed teams, so that every team had young people from different countries. In turn, each member volunteered to be the "subject" of the search, while the others became researchers. Together we filled in a digital footprint map: name variations, usernames, school, city, photos, interests and other visible details. After each round, the subject read out what had been found and said how comfortable they felt about that information being public.

At the end we gathered on a shared wall the pieces of information we felt least comfortable with and grouped them by category. We saw that most of the information comes from old, forgotten accounts, from photos where we are tagged by others, and from public friend lists.

What did we learn?
- What a digital footprint means and how it forms every day.
- That old accounts or photos where we're tagged by others say a lot about us.
- How we check and adjust our public information.
- That the goal isn't to disappear from the internet, but to be in control.

Why did it matter to us? We saw with our own eyes, not just from explanations, what it means to leave traces online. Discovering this together, with teammates we trusted, turned the surprise into motivation.

What did we achieve? Every participant wrote a personal plan with three concrete steps to tidy up their accounts, with deadlines they set for themselves.





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The Phishing Lab

What did we do? The activity began with a surprise: a safe simulation of a deceptive message, to see how easily anyone can be tricked when they're in a hurry. The result was shown only at group level, with no names, and the recorded data was deleted in front of us.

We then analysed together the anatomy of a fake message: the sender's address, the sense of urgency, the plausible pretext, the slightly altered link, and the lack of a personalised message. In pairs we received a set of messages, some genuine and some deceptive, and decided for each whether it was safe or not, explaining our reasoning each time.

We discovered the three main forms of deception: phishing by email, smishing by SMS, and quishing through QR codes. At the end we switched perspective: each pair created their own fake message, and the others had to find the signals that gave it away.

What did we learn?
- To recognise a deceptive message by its signals.
- To check the sender and the link before clicking anything.
- To go directly to the official site or app instead of using the link we received.
- A four-step rule: stop, check the sender, open the service myself, ask someone.

Why did it matter to us? We understood that phishing doesn't only trick careless people, it tricks anyone in a hurry. When we created a fake message ourselves, we understood the logic of those trying to deceive us, and now we recognise it much more easily.

What did we achieve? Every participant left with the four-step checking rule written on a card they can always keep close at hand.





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ACTIVITY 03 · PRACTICE

The Privacy Settings Clinic

What did we do? We turned theory into action directly on our own devices. We started with a clear rule: no one looks at anyone else's screen, and no one shows or says their passwords out loud.

Everyone first assessed, using a checklist, how well they were protecting their accounts. Then, in pairs, we moved through four work stations:
- profile visibility and friend lists;
- location and app permissions;
- passwords and two-step verification;
- advertising and the data collected by platforms.

At each station we made the changes directly on our own accounts, at our own pace. The facilitator answered our questions and guided us, without touching our devices. At the end we filled in the checklist again and saw how much progress we had made.

What did we learn?
- How to configure privacy settings on the platforms we use daily.
- How to create strong passwords and how to use a password manager.
- Why two-step verification protects our accounts.
- How to keep our recovery codes safe, on paper, not on the same phone.
- How to ask a platform for a copy of the data it holds about us.

Why did it matter to us? We didn't leave with a list of things we "should" do someday. We left having already done them, on our own accounts.

What did we achieve? Safer accounts and a reminder in our phone calendars for the next settings check, together with a friend.





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Forum Theatre on Cyberbullying

What did we do? We started with trust and expression games, so we would feel comfortable in front of the group. Before the first scene we agreed on a stop word, which anyone could use at any time.

We then discussed the roles that appear in an online harassment situation: the target, the bully, the person who shares and comments, the bystander, and the ally. In teams we created short scenes inspired by real situations and performed each one once in front of the others, start to finish.

Then we performed them again. This time, anyone in the audience could stop the scene, take the place of the bystander or the ally, and try a different response. We repeated the scenes until the story reached a better ending. We closed with a circle discussion about what made the intervention possible and how we can apply it in our schools and communities.

What did we learn?
- What roles appear in a cyberbullying situation and how important each one is.
- What we can say and concretely do to support someone being harassed online.
- Where and how to report a harassment situation.
- That a single supportive gesture can change a situation.

Why did it matter to us? We knew it wasn't right to stand aside, but we didn't know what to say. On stage we practised exactly that, in a safe setting, and now we feel ready to step in in real life too.

What did we achieve? An intervention toolkit written by the group, with phrases, actions and reporting paths that worked in the scenes.





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ACTIVITY 05 · CRITICAL THINKING

The Fake News Newsroom

What did we do? We became journalists for a few hours. We split into international newsrooms, and the role of editor-in-chief rotated, so everyone had the chance to lead the team.

We learned five checking questions: who published it, when, what the original source is, what the image actually shows, and who benefits if we believe it. Each newsroom then received several news items, some true and others false or manipulated, and had the job of publishing a reasoned verdict for each one.

Each newsroom presented its conclusions, and the others voted with red and green cards before the final answer. We learned the most from the stories that fooled us, because we retraced together the reasoning that led us to the wrong conclusion. At the end we built the group's checklist and practised it on real posts from our own feeds.

What did we learn?
- To check the source, date and context of a piece of information.
- To recognise manipulated images and headlines.
- To use reverse image search.
- That even a true story can seem false, and the other way around.
- To think before sharing something further.

Why did it matter to us? We understood that checking a piece of information doesn't have to take long. A few seconds of attention can stop a false story from spreading further.

What did we achieve? A news-checking checklist, ordered from the few-second checks to the more detailed ones, which we can use every day.





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ACTIVITY 06 · RIGHTS

The GDPR Escape Room

What did we do? We stepped into the shoes of users whose data had been collected by a fictional platform, and we had little time to regain control over it before the data was sold.

In teams we solved a series of challenges. Each one unlocked with the help of a right we have under the European data protection regulation: the right of access, the right to rectification, the right to erasure, the right to data portability, and the right to object to automated decisions. With each challenge solved, we uncovered new clues about what had happened to the data.

The final test was a writing one: each team drafted the message the company should have sent to the affected users, and a complaint to the data protection authority. The teams then swapped texts and gave each other feedback.

What did we learn?
- What rights we have over our data and how each one applies.
- How to ask a company for information about our data.
- Who to turn to when our rights are violated.
- What honest, transparent communication about a data problem looks like.
- That European law is on our side.

Why did it matter to us? A legal text that seemed hard to understand became a team game. Now we know our rights aren't just words on paper, and that we can use them whenever we need to.

What did we achieve? Messages and complaints drafted as a team, and the confidence that we can claim our rights in everyday life.





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ACTIVITY 07 · ACTION

The Awareness Campaign Lab

What did we do? We gathered everything we had learned in the project and turned it into a campaign. We started with the message: each team wrote a short sentence that anyone could easily remember, and tested it on teammates from other teams.

We then split into production teams. The poster team created hand-drawn awareness materials with their own ideas and messages. The video team filmed short clips that explain a risk, show a solution, and invite others to take action. The action team prepared the outing into public space: the message, the materials, and how we would talk to people.

At the end we carried the #DigitalSafeNet campaign message into the community. We talked to people about online safety and the Erasmus+ programme, and in the evening we shared together how it went.

What did we learn?
- How to turn an important message into a campaign.
- How to work as a team from idea to final result.
- How to communicate simply and clearly about online safety.
- How to talk to people we don't know.
- That we can change something in our community.

Why did it matter to us? It was the moment when everything we had learned left the room and reached other people. We discovered that we can be the ones who inform others, and that we can do this at home too.

What did we achieve? Awareness posters, video clips for the #DigitalSafeNet campaign, and an awareness action in public space.





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Activities in progress














06 Examples of good practice

The moments and habits that made SAFE NET a successful learning experience, and which we carry forward with us.

- Learning rooted in experiences lived together.
- International teams where every voice mattered.
- Real results created by young people for the community.







Examples of good practice

A few habits and choices made SAFE NET an experience where we learned with pleasure and went home with much more than we expected.

01 · We learned from experience
Every activity started from something lived, not from theory. We discovered the answers ourselves, which helped us understand and remember them.
02 · Everyone was safe to get it wrong
The results of the exercises were discussed at group level, without pointing fingers at anyone. This gave us the courage to try, ask questions, and learn from mistakes.
03 · We worked in international teams
Every team had young people from different countries. We discovered new perspectives, helped each other with English, and formed friendships that continue after the project.
04 · We reflected every day
At the end of each day we stopped to talk about what we had experienced and learned. These moments helped us see how much progress we had made.
05 · We were facilitators too
Each national group prepared a presentation of its country and led an inclusion activity for the whole group.
06 · We created something real for the community
The posters, video clips and awareness action were created by us, for people outside the project. We saw that what we learned can reach others too.
07 · We kept something for the future
Through the "Letters to the Future" we wrote ourselves thoughts and promises that we'll receive later, so we remember what we learned in Horezu.





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07 Project impact

What changed for us, for the partner organisations, and for the communities we come from.

- Young people more careful and more confident online.
- Partner organisations stronger and more united.
- The SAFE NET message carried forward into our communities.







Project impact

Impact on participants

SAFE NET changed the way we use the internet. We left Horezu more careful about the messages we receive, with better-protected accounts, and knowing what rights we have over our data. We learned to check information before sharing it and to stand by those who need support online.

Beyond digital safety, we gained confidence in ourselves. We spoke English in front of an international group, worked with people from other cultures, led activities, and discovered that we are capable of much more than we thought. All these competences are recognised through the Youthpass certificate.

Impact on the organisations

The partner organisations from Romania, Bulgaria, Türkiye and Hungary have strengthened their capacity to offer young people quality activities. They now have jointly tested methods they can use in their day-to-day work. The partnership has grown stronger, and the collaboration between the four organisations continues after the project.

Impact on the communities

We went home wanting to pass on what we had learned. Through the #DigitalSafeNet campaign, the posters and clips created together, and the local activities we organise in our communities, we aim to reach at least 75 young people who did not take part in the project. This way, SAFE NET keeps growing even after we returned home.





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Cultural Evening

Four countries, four evenings













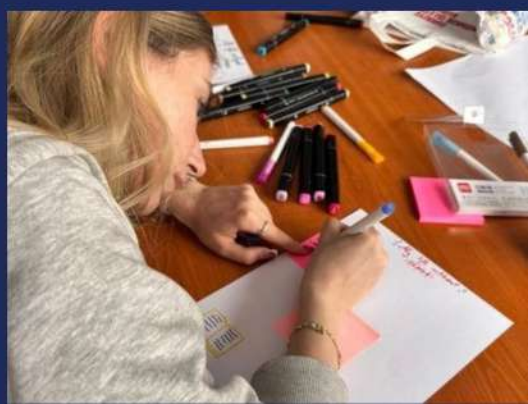

08 Results and final outputs

Everything we created together in the eight days, and what we carry forward into our communities.

- Awareness posters and video clips for the #DigitalSafeNet campaign
- An awareness action in public space
- This guide and the Youthpass certificates for every participant.







Results and final outputs

Every SAFE NET activity ended with something concrete, created by us. These are the results we built together and that we carry forward.

The awareness posters
Hand-made posters, with our own messages and ideas about online safety. They show that the materials were made by young people, for young people.

The video clips
Short clips filmed by us for the #DigitalSafeNet campaign, explaining online risks and showing simple solutions for each one.

The awareness action
We carried the SAFE NET message into public space and talked to people about online safety and the Erasmus+ programme.

The intervention toolkit and the news checklist
Two tools written by the group: one with concrete ideas for supporting someone being harassed online, and one with the steps for checking information before sharing it.

The letters to the future
Thoughts and promises written by each of us, which we'll receive later, so we remember what we learned in Horezu.

The Youthpass certificates
Every participant received the Youthpass certificate, which recognises the competences developed throughout the project.

This guide
This guide brings together our experience and is shared with the partner organisations and their networks.





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09 Lessons learned

What we discovered about ourselves, about each other, and about the digital world we live in.

- Online safety is built through small, everyday habits.
- Together we learn more than alone.
- The group's diversity was our greatest strength.







Lessons learned

OEight days in Horezu left us lessons that we carry with us long after returning home.

Online safety is a habit
We understood that digital protection isn't a one-time thing. It is built day by day, through small gestures: checking a link, reviewing our settings, thinking before sharing something.

Together we learn more
We made our most valuable discoveries as a team. Everyone brought something different, and our ideas complemented one another.

Diversity makes us stronger
We worked with young people from four countries, with different habits, languages and perspectives. We discovered that it was exactly these differences that helped us see things more clearly.

Language is not a barrier
Although English isn't a native language for most of us, we understood each other very well. We were patient with one another and helped each other whenever it was needed.

Every voice counts
Even the quieter participants had the chance to express themselves: through drawing, writing, or in small teams. We learned to listen to everyone.

We can change something in our community
Through the #DigitalSafeNet campaign we discovered that we, as young people, can also be the ones who inform and support others.





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10 Recommendations for other organisations

What we recommend, from our own experience, to organisations that want to give young people an experience as good as SAFE NET.

- Put young people at the centre of every activity.
- Create international teams and time for reflection.
- Turn learning into actions for the community.







Recommendations for other organisations

From our experience with SAFE NET, these are the things that made the project a success, and that we warmly recommend.

Before the project
- Choose a topic close to young people's everyday lives.
- Involve participants from the preparation stage, through country presentations and activities they propose themselves.
- Prepare the materials and the working space ahead of time.

During the mobility
- Start every activity from a hands-on experience.
- Form mixed teams, with young people from different countries.
- Keep time for reflection every day.
- Give young people the chance to lead activities too.
- Include cultural moments and intercultural evenings that bring the group closer together.

After returning home
- Carry the project's message forward through local activities.
- Use the materials created by young people for dissemination.
- Stay in touch with participants and partners.

Three things we recommend the most
One. Let young people discover the answers themselves, through experience.
Two. Make room for reflection every day.
Three. Turn learning into something real for the community.





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Reflection and feedback
















11 Dissemination and visibility

How we made the SAFE NET project known and how we carry its message forward.

- The #DigitalSafeNet campaign with materials created by us.
- Local activities in the communities of each partner country.
- Results shared until the end of the project.







Dissemination and visibility

Dissemination was part of SAFE NET from start to finish. The campaign materials were created by us, the participants, and through them the project's message reached more and more young people.

Channels used

The #DigitalSafeNet campaign. The video clips created by participants were published in a coordinated way on the partner organisations' channels, under the project's shared hashtag.
Social media. The project's Facebook group kept us connected before, during and after the mobility, and the partner organisations shared the important moments with their communities.
The awareness posters. The posters we created were finalised and distributed in the partner communities.
Local activities. Through at least 5 multiplier activities, such as workshops, information sessions and campaigns, we carry forward what we learned to young people in our communities.
This guide. The good practices guide brings together our experience and is published and shared with the partners and their networks.

The dissemination journey

Promotion of the project began in June 2025 and continues until August 2026, on all the partners' channels. Between January and March 2026, the selection call brought motivated young people from four countries into the project. During the mobility in Horezu, between 9 and 16 May 2026, we shared the moments we lived every day, under the hashtag #DigitalSafeNet. After returning home, between 16 June and 31 August 2026, the video campaign, the posters, the local activities, the publication of this guide and the "Letters to the Future" carry the SAFE NET story forward.

Visibility of European funding

The European Union emblem and the co-funding mention appear on all project materials, printed and digital, including on posters, on participants' certificates, and in this guide. The project number and the accreditation number are stated on the cover and in the annexes.





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12 Conclusions

What we took with us after eight days spent together in Horezu.

- New habits that protect us online.
- Friendships and trust built across four countries.
- The wish to carry the SAFE NET message further.







Conclusions

SAFE NET was more than a youth exchange for us. For eight days, in Horezu, young people from Romania, Bulgaria, Türkiye and Hungary discovered together how to be safe in the digital world, and how to help others be safe too.

We learned to recognise deceptive messages, to protect our accounts and personal data, to check information before sharing it, and to stand by those who need support online. We discovered what rights we have and that we can use them whenever we need to. Most importantly, we understood that online safety doesn't mean being afraid of the internet, but using it with care and confidence.
Beyond everything we learned about the digital world, SAFE NET gave us confidence in ourselves, the courage to speak in front of an international group, and friendships that continue after the project. We worked in mixed teams, helped each other with language, shared traditions, and discovered that our differences make us stronger.

We came home wanting to carry forward everything we had experienced. Through the #DigitalSafeNet campaign, the posters and clips created together, and the activities in our communities, the SAFE NET story continues.

The internet becomes a safer place when each of us chooses to be more careful, more informed, and more involved.

Thank you to everyone who made this experience possible: the participants, the group leaders, the facilitator, the partner organisations, and the Erasmus+ programme.





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14 Testimonials

Our voices: what SAFE NET meant to each of us, in our own words.

- Participants and group leaders.
- Young people from Romania, Bulgaria, Türkiye and Hungary.
- Memories, discoveries and lessons we carry with us.







Testimonials

"The Digital Footprint Trail opened my eyes. I discovered how much my online presence says about me, and that very evening I tidied up my accounts. Now I feel like I'm in control."
LAVINYA ERHAN · Participant

"In the Phishing Lab I learned to stop for a second before clicking anything. Now I check the sender every time, and I feel much more confident online."
SELIN HALIŞÇELIK · Participant

"The best part was seeing how the same topic looks different in four countries. I learned a huge amount from my teammates' experiences and left with a much broader perspective."
ALEKSANDAR CHANKOV · Participant

"At the Privacy Settings Clinic I secured all my important accounts. Now I use a password manager and two-step verification, and I wouldn't go back."
DAMYAN YANAKIEV · Participant

"Forum Theatre taught me that I can make a difference. I practised how to support someone being harassed online, and now I know exactly what to say and do."
YAREN TOKAÇ · Participant

"Working in small international teams helped me step outside my comfort zone. I presented in English in front of everyone and discovered I can do far more than I thought."
STEFAN-CRISTIAN NITI · Participant

"The Fake News Newsroom was my favourite activity. I learned to check the source of a piece of information before believing it and sharing it further."
ABBOS SAMANDAROV · Participant

"Horezu, with its traditions and its people, was the perfect place for this experience. I discovered a new culture and made wonderful friendships."
SIMONA STOYANOVA · Participant





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“The awareness action was my favourite moment. I talked to people about online safety and felt that what I had learned could help others too."
ADINA-ELENA BADEA · Participant

"English isn't my native language, but here everyone was patient and supportive. By the end, I was also explaining our data rights to my teammates."
ALI HAMZA · Participant

"The reflection moments at the end of each day helped me see how much I was learning. I've kept the habit at home too."
KUZEY ERTAN · Participant

"Every day I discovered something new about the digital world and about myself. I left Horezu with friends from four countries and a lot of confidence."
TINESA YAKUB · Participant

"I came to learn about the internet and left with much more: friends, confidence, and the wish to share what I had found out."
MLADEN TOPUZOV · Participant

"The intercultural evenings were full of joy. Four countries, traditional food, music and dance. That's where we truly became a group."
HILAL ÜNAL · Participant

"Over the week I gathered many ideas and methods I can use in activities with young people in my community."
EMIL GEORGIEV · Participant

"The inclusion activity prepared by each national group impressed me. I understood how important it is for everyone to feel part of the group."
RÜMEYSA SARI · Participant





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"I learned to say no when asked for data I don't want to give. It sounds small, but it makes me feel much more protected online."
ANDREEA TUNDUC · Participant

"The poster my team created is my favourite. Every time I look at it, I remember how well we worked together."
ALEXIA-ELENA TUTA-FOLESCU · Participant

"I liked that no one gave us ready-made answers. We discovered them ourselves, which is why I won't forget them."
BORISLAVA GEORGIEVA · Participant

"As a group leader, I watched my young people become more confident day by day. It was a joy to accompany them through this experience."
ANAS AYAZ BHATTI · Group leader

"Horezu was a pleasant surprise. A quiet town, full of tradition, where we had time to learn, reflect and enjoy each day."
AARYAN SHARMA · Participant

"The morning energisers brought a smile to our faces and energy for the whole day. Laughing together helped us work better together."
AHMET YEKTA ESMER · Participant

"I'm still in touch with many of my teammates from the project. We keep helping each other and sharing tips about online safety."
ELENA-RALUCA STANCIU · Participant

"Working as a team taught me to listen and make room for others too. It's a lesson I still use now, at home."
MEDEEA NICOLETA TOADER · Participant

"I understood how valuable our personal data is and how we can protect it. Now I'm much more careful about which apps I use and what permissions I give them."
AL WAKIL AHMED · Participant





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"The mixed teams were the key to the project. The young people learned from one another and discovered how much the same questions about the digital world brought them together."
ANDREI IONUT GRIGORIE · Group leader

"The GDPR Escape Room showed me that our rights aren't just words on paper. Now I know how to use them when I need to."
TEODOR ABADZHIEV · Participant

"The letter to the future is one of my favourite things from the project. I can't wait to receive it and see how far I've come."
ANA-MARIA BURSA · Participant

"I learned that we shouldn't be afraid of the internet. We just need to use it with care and confidence."
ULAS ÖZGÖK · Participant

"As a group leader, I lived through a week full of energy and learning. I loved seeing how creative and engaged the young people were in every activity."
GALINA ABADZHIEVA · Group leader

"I really liked the structure of the days, with hands-on activities and time for reflection. I left with many ideas I want to apply at home too."
NADEZHDA RUSANOVA · Participant

"On the first day I didn't know anyone. On the last day I left with friends from four countries. That's the magic of a youth exchange."
NURULLAH OZDEMIR · Participant

"I watched a group of young people from different countries become a single team. They learned to collaborate, to listen to one another, and to build something beautiful together."
YAVUZ SELIM DOGANAY · Group leader





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Thank you, SAFE NET!

For eight days, in Horezu, young people from Romania, Bulgaria, Türkiye and Hungary learned together how to be safe online, how to protect their personal data, and how to carry this knowledge forward into their communities. This guide is our story, which we gladly share with everyone who comes after us.

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