



ECO-ACT
ECOLOGICAL ACTION FOR A
CLEANER TOMORROW

08 march 2025 - 16 march 2025

HOREZU

ROMANIA



CONTRACT NUMBER:

2024-1-RO01-KA151-YOU-000207051

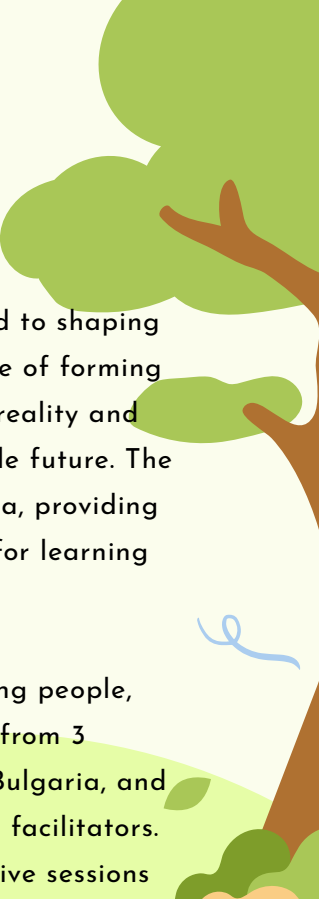


EUROPEAN
SOLIDARITY
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From 08-03-2025 to 16-03-2025, the Pro Dezvoltare DACIA (APDD) Organization in Drăgășani carried out the activities of the project "Ecological Action for a Cleaner Tomorrow (ECO-ACT)", contract number 2024-1-RO01-KA151-YOU-000207051, funded by the European Union through the Erasmus+ program.



The international project was dedicated to shaping young people as active citizens, capable of forming an objective view of the surrounding reality and getting involved in building a sustainable future. The activities took place in Horezu, Romania, providing participants with an ideal framework for learning and engagement.



The project brought together 40 young people, accompanied by 6 group leaders from 3 international organizations (Romania, Bulgaria, and the Republic of Moldova), along with 2 facilitators. Together, they participated in interactive sessions and activities aimed at inspiring them to actively contribute to environmental protection and the promotion of a sustainable mindset.

DAY 1

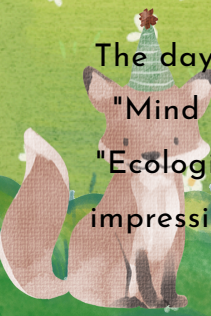


Day 1 was dedicated to introducing the participants, presenting the Erasmus+ program, and providing an overview of the project "Ecological Action for a Cleaner Tomorrow (ECO-ACT)". The activities started with the session "The Tree of Expectations", where participants discussed their expectations and analyzed the structure of the work program. A code of conduct was also established, which was essential for the efficient running of the activities.

Another important moment of the day was the sustainability workshop, where participants explored through the exercise "The Resource Game" how resources can be used responsibly.

Through team-building activities and team-strengthening games, participants were challenged to find creative solutions to ecological problems.

The day ended with interactive debate sessions using the "Mind Mapping" method, followed by reflections in the "Ecological Journal", where participants shared their first impressions of the project and set goals for the upcoming days.





ECO-ACT Ecological Act for a Cleaner Tomorrow

DAY 2

- Workshop: Creating an Action Plan for Ecological Projects
 - The Ecological Plan
 - SWOT Analysis
- Presentation of Action Plans
- Peer-to-peer feedback
- Analysis: Ecological Projects in Practice
- Analysis of existing ecological projects
- Reflection session: Ecological

A vibrant, stylized illustration of a landscape. In the top right corner, a bright yellow sun is partially obscured by a white cloud with orange rays. Another white cloud is in the top left. A large green tree with a brown trunk stands on the left. In the foreground, a brown log lies on a green grassy field. To the right, a blue river flows, bordered by green bushes and plants. The background is a light blue sky.

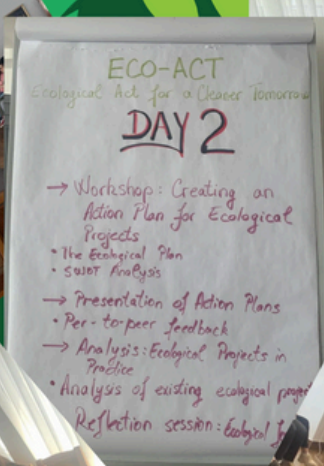
DAY 2

Day 2 was dedicated to planning ecological actions, giving participants the opportunity to develop sustainable strategies for environmental protection. Through an interactive exercise, they worked on creating an Ecological Plan, analyzing available resources and the optimal methods for implementing their initiatives.

A key moment of the day was the SWOT analysis, during which participants identified strengths, weaknesses, opportunities, and challenges related to their ecological actions. In the afternoon session, each group presented their action plan, receiving constructive feedback through the peer-to-peer method to improve and refine the proposed strategies.

The day concluded with an analysis of existing ecological projects, where participants discovered successful initiatives and extracted valuable lessons for their own ideas. In the "Ecological Journal" reflection session, they shared conclusions and impressions about the activities carried out.





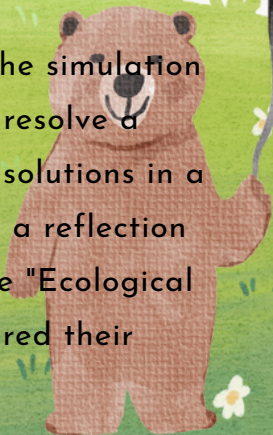
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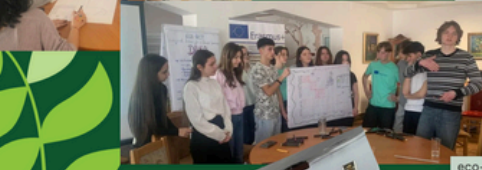
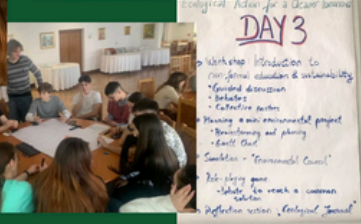
DAY 3

Day 3 was dedicated to non-formal education and practical ecological actions. The morning began with a workshop on Non-Formal Education and Sustainability, where participants discussed the differences between formal and non-formal education and the involvement of young people with fewer opportunities in ecological initiatives. They also analyzed examples of sustainable projects and created collective posters.

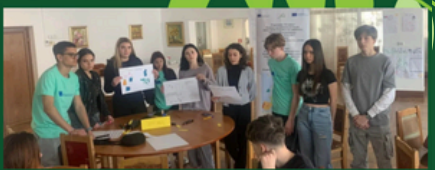
Next, each group worked on Planning a Mini Ecological Project, using a Gantt Chart to organize the stages and responsibilities.

In the afternoon, participants took part in the simulation "Ecological Council," where they had to resolve a hypothetical ecological crisis and negotiate solutions in a role-playing game. The day concluded with a reflection on the role of non-formal education and the "Ecological Journal" session, where participants shared their conclusions of the day.





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A vibrant, stylized illustration of a landscape. In the top right corner, a bright yellow sun is partially obscured by a white cloud with orange rays. Another white cloud is in the top left. A large green tree with a brown trunk stands on the left. In the center, a large brown log lies on a green grassy field. To the right, a blue river flows, bordered by green bushes and plants. The sky is a light blue-grey color.

DAY 4

Day 4 was dedicated to the ecological analysis of communities and the impact of culture on sustainability. Participants explored ecological initiatives from Romania and the Republic of Moldova, comparing approaches and identifying solutions for adapting them to different contexts.

- ◆ In the morning, participants from Romania conducted the Ecological Analysis of the Drăgășani Community, presenting local challenges and proposing solutions. In the "Culture and Sustainability" activity, groups brought examples of ecological initiatives from their countries and analyzed the possibilities of implementation in other cultures.
- ◆ This was followed by a practical activity, where participants used games and stories to illustrate the impact of sustainable actions.
- ◆ In the second part of the day, the young people from the Republic of Moldova carried out the Ecological Analysis of the Chișinău Community, comparing the ecological situation with that of Romania and identifying best practices transferable between communities.
- ◆ The day ended with a creative session, where participants applied the concepts discussed, followed by the Ecological Journal, a reflection moment on the lessons learned and how each individual can contribute to a greener future.





Ecological Analysis of the community in Romania

Droghda

ECO-ACT Ecological Actions for a Cleaner Tomorrow

DAY 4

→ Workshop: Ecological Analysis of the Community in Romania

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→ Choose and Sustainable

→ Product application: on the form of a game

→ Workshop: Ecological Community in the

• Presentation of materials

My Current City Chişinău

Republica Moldova

Moldova Team



ERASMUS+



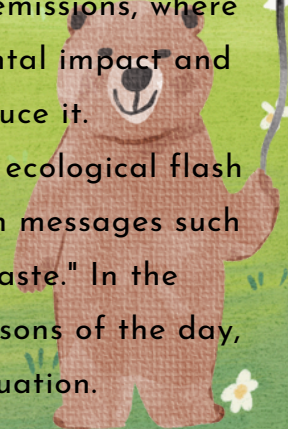
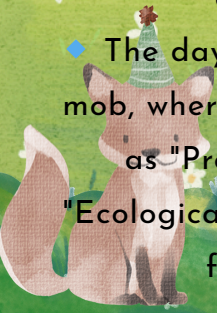
ERASMUS+

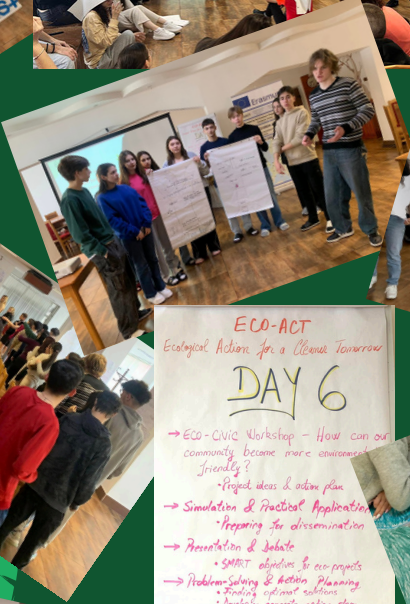
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DAY 5

Day 5 was dedicated to sustainability in Bulgaria and adopting a responsible lifestyle. Participants from Bulgaria presented the Ecological Analysis of the Dryanovo Community, highlighting local challenges and ecological initiatives. The activity was completed with an interactive exercise, using games and stories to illustrate the impact of ecological actions.

- ◆ In the "Responsible Living" Workshop, teams analyzed solutions for reducing the consumption of plastic, water, paper, food, and energy, presenting developed ideas and exchanging best practices.
- ◆ An additional activity focused on carbon emissions, where participants calculated their own environmental impact and discussed necessary changes to reduce it.
- ◆ The day ended with the preparation of an ecological flash mob, where participants created banners with messages such as "Protect Nature" and "Reduce Food Waste." In the "Ecological Journal," they reflected on the lessons of the day, followed by a mid-term project evaluation.





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DAY 6

- ECO-Civic Workshop - How can our community become more environmentally friendly?
- Project ideas & action plan
- Simulation & Practical Application
Preparing for discrimination
- Presentation & Debate
 - SMART objectives for eco-projects
- Problem-solving & Action Planning
 - Finding optimal solutions
 - Developing concrete action plans
 - Student Team of the Week
- Reflection session: "Ecological"



DAY 6

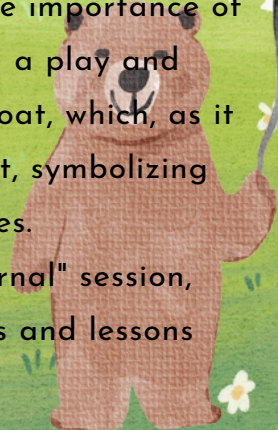


Day 6 was dedicated to eco-civic action and sustainable initiatives for communities. Participants used methods such as the problem tree analysis and solution tree analysis to develop effective approaches, based on the previously created Ecological Action Plan for Projects.

- ◆ Teams applied the SMART method to set ecological objectives and created solution trees to address environmental challenges, proposing feasible initiatives for environmental protection.

- ◆ An interactive workshop based on origami gave participants the opportunity to understand the importance of self-confidence and adaptability. Through a play and construction exercise, they created a paper boat, which, as it was damaged, transformed into a life jacket, symbolizing their strengths and vulnerabilities.

- ◆ The day ended with the "Ecological Journal" session, where participants shared their conclusions and lessons learned.





ERASMUS+

ERASMUS+

ECO-ACT
Ecological Action for a Greener Tomorrow

DAY 6

- ECO-Civic Workshop – How can our community become more environmentally friendly?
- Project ideas & action plan
- Simulation & Practical Application
Preparing for discrimination
- Presentation & Debate
 - SMART objectives & eco-projects
- Problem Solving & Action Planning
 - Identifying optimal solutions
 - Identifying concrete action plans
 - Problem Tree & Action Plan
- Reflection seminar: "Ecological"



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DAY 7

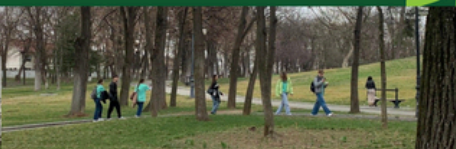
On the seventh day of the project, participants carried out a creative flash mob in Craiova, conveying powerful messages about environmental protection, sustainability, and nature conservation. This artistic event drew the public's attention to the importance of active involvement in protecting the planet.

◆ Later, participants visited Nicolae Romanescu Park, a true natural oasis in the heart of the city, where they explored the park's biodiversity and observed various species of ornamental trees and shrubs, such as white fir and Himalayan pine.

◆ The day continued with a study visit to Jean Mihail Palace, home of the Art Museum in Craiova, where they discovered a temporary art exhibition made from recyclable materials, highlighting the connection between art and sustainability.

◆ At the end of the day, participants gathered for the "Ecological Journal" reflection session to share impressions and lessons learned, strengthening their commitment to ecological and sustainable actions.





Eco-ACT 7
Ecological Actions for a Cleaner Tomorrow

→ Outdoor activity: Research & Environmental Awareness
Systematic nature observation through photography & film
• CRAIOVA STUDY VISIT

* Tasks on reducing waste & saving resources
* FLASH MAR | Timpul viitor
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* Rural vs urban ecology – Observation work sheet.

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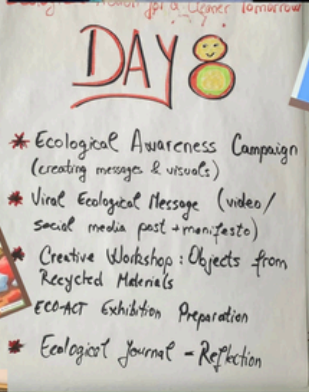
DAY 8

On the eighth day, the focus was on effective ecological communication and inspiring change within communities.

- ◆ Participants began with the "Ecological Awareness Campaign" exercise, creating awareness campaigns and posters with strong ecological messages.
- ◆ In the "Making an Ecological Message Go Viral" activity, national teams created creative videos to convey ecological messages, which were later shared online.
- ◆ In the "Creating an Object from Recycled Materials" workshop, participants made decorative objects from recyclable materials, demonstrating the connection between art and sustainability.
- ◆ At the end, participants selected photos for the ECO-ACT Exhibition, reflecting on their experiences related to environmental protection.
- ◆ During the "Ecological Journal" session, participants shared the lessons learned and how they became more effective communicators of ecological messages.



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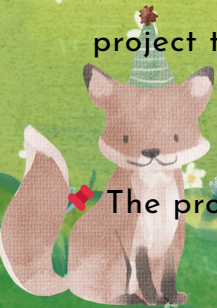
DAY 9

On the final day of the project, we concluded with reflection and the celebration of achievements. Participants prepared the final exhibition, having the opportunity to present their results and appreciate the work each of them had put in. The exhibition was a success, and the open atmosphere encouraged mutual learning.

The day continued with the final evaluation, where participants shared their impressions and the lessons learned throughout the project. In the end, we celebrated the success of each team by awarding Youthpass certificates, recognizing their commitment to a greener and more sustainable future.

 Eco-Act - Ecological Action for a Cleaner Tomorrow is a project that continues to inspire young people to become change agents for a cleaner planet!

 The project is co-financed by the European Union through the Erasmus+ program.





Day 9

- *ECO-ACT E
- *Sissomation
- *Interviews
- *Final Evaluation
- *My journey in progress
- *Youthpass
- *Youthpass celebration



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